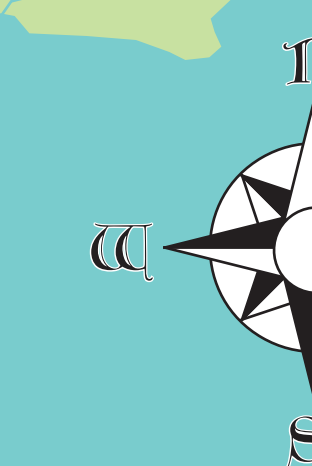




Twelve Apostles  
Nithsdale  
Lincluden Abbey  
Dumfries

Sweheart Abbey  
Caerlaverock



IRISH SEA



**Medieval Cumbria**  
circa 1225 Anno Domini  
Its Baronies, Fortifications,  
Towns and Mystical Sites

	Village		Petit Tower
	Town		Castle
	Medium Town		Standing Stones
	Large Town		Road
	Religious House		Barony Border

Scale: 5 miles

Cartography by Patrick M. Murphy - A Mad Irishman Production

SOLWAY FIRTH

WIGTON

COCKERMOUTH

Copeland (Egremont)

Milton

MILLOM

FURNESS ABBEY

Annandale

Wigton

Allerdale

Copeland (Egremont)

Milton

MILLOM

FURNESS ABBEY

Burgh

Greystoke

Furness

MILLOM

FURNESS ABBEY

Liddel

Levington

Greystoke

Kendal

MILLOM

FURNESS ABBEY

Gilstand

Westmorland (Appleby)

Kendal

MILLOM

FURNESS ABBEY

Northumberland

Yorkshire

MORECAMBE BAY

LANCASTER